## This document is a combination of the following websites:

<u>FoodFinder</u>

Community Resources

Mutual Aid

Free Hot/Fresh Meals from local businesses

Color Code:

No Proof/Low Barrier
Church/Religious Location
Salvation Army

Mobility device Access: 3

Resources: Food Pantry	When	Contact info	Area:	What requirements resource
St Johns Food Share	M & F 10am - 4pm	8100 N. Lombard Street Portland, OR 97203 (503) 286-0750	N/St Johns	Contacted phone for collaboration
St. Vincent de Paul Blessed Frederic at Holy Cross	Food assistance program: Partnered with mult co/clackamas churches, it is dependent on the location and the church's resources. Address is needed, some can deliver, some have a pantry, some have no assistance program  Must call the number to see if they are in their system, if not they need basic info DOB, Address, P. No., age of member of households, and number of households. English Only We must provide translation services	4625 N Trenton St 503-235-8431	N/st Johns	Thanksgiving food boxes: Referral line: 503-595-2295  Also does rental assistance: 503-235-8431 ex 2
St Andrews	Fridays!!!!	Hereford House	N/St Johns	The pantry offers "Drive up",

Episcopal Pantry	from 12:00pm (noon) until 2:00pm  We are downstairs in the white building next to the church )	Pantry  7704 North Hereford Ave., Portland, OR 97203  (925)-989-9638		"Walk up" and "Bike up" service! Cars enter the church entrance on Hodge Street and join the line around the back side of the church! If walking or biking up it is helpful to have your own bags but we have bags if needed.
Main Spring Pantry	Clothing Pantry: Tuesdays and Thursdays from 10:00 AM – 1:00 PM.  Clothing and food is only offered Thursday  (while supplies last, first come, first served.)  Mobile Destination Food Pantries: 1st Tuesday of the Month Dawson Park Mobile Pantry 1 N Stanton St, Portland, OR 97227  Hours: 10 AM – 12 PM  Located across from the church  2nd Wednesday of the Month East Portland Community Center 740 SE 106th Ave, Portland, OR 97216  Hours: 9 AM – 11 AM  3rd Tuesday of the Month Victory Outreach 16022 SE Stark St, Portland, OR 97233  Hours: 10 AM – 12 PM  4th Tuesday of the Month Rockwood Village Apartments 783 SE 185th Ave, Portland, OR 97233  Hours: 10 AM – 12 PM	3500 NE 82nd Avenue, Portland, United (503)233-5533	NE	I would check out the website as they have a few community resources.  Thanksgiving food boxes available  Senior food services available  ***Folks can do an authorized rep form to pick up for other folks, they do have to be signed by the folks we are picking up for.***

	***Please bring your own shopping bags & baskets*** <u>Mainspring's Overnight</u> <u>Food Bag Program</u>			
Feedem Freedom	Black Community Food Center/Food Pantry 9:00am - 5:00pm	4450 NE 131st Street Portland, OR 97230	NE	No proof listed
Snow Cap	Food Pantry Monday-Friday 10am-2pm and Late Night Hours on Monday and Wednesday 6pm-2pm	17508 SE Stark Street Portland, OR 97233 (503) 674-878	E of 82nd Ave in Multnomah County	Food Panty 2x a month for the year of 2025 must bring POA
PACS Portland Adventist Community Services	Food Pantry Monday-Friday 9am-11am. First Thursday of the month 5pm-7pm	11020 NE Halsey Street. Portland, OR 97220	NE	Food Pantry 1x a month
Lasagna Love	Access via the request form here: https://lasagnalove.org/request-a-meal/  Spanish request form: https://lasagnalove.org/solicitar-una-comida/	Based on location of volunteers	Volunteers (if available) Deliver directly to folks	No income proof needed
The Salvation Army Moore Street Corps	Operation: Wednesday's and Friday's 9:00 AM - 1:00 PM*	The Salvation Army Moore Street Corps 5325 N Williams Ave Portland, OR 97217  Walk-up services with pre-packaged food boxes or shopping-style client selection	N PDX	*Must be signed up in person by 12:30 to receive assistance  *site has more resources than just food

The Salvation Army Portland Tabernacle Corps	Free Food Market 3rd Friday of Every Month  Dry Food Box  Fresh fruits and vegetables as available  12:00 - 1:00 PM	8495 SE Monterey Ave., Happy Valley, OR 97086  Please email portland.tab@usw. salvationarmy.org or call (503) 239-1224 for information about current services.	Clackamas /Happy Valley	Website has list of items normally available and other resources *Senior prescription resource *Houseless resources
The Salvation Army Gresham Family Services	Emergency Food Assistance   3 - 4 days supply  Monday - Thursday 9:00 am - 12:00 pm  Please bring a piece of mail dated within the last 30 days  Free Food Market   Fresh Produce and Pantry Staples  First Wednesday of each month  9:00 am - 11:00 am for the General Public  Wednesday Night Family Program  Every Wednesday 6:00 pm  Zip Codes Served: 97004, 97009, 97010, 97011, 97013, 97015, 97022, 97023, 97024, 97027, 97030, 97042, 97055, 97060, 97236, 97080, 97230, 97233	473 SE 194th Ave, Portland, OR 97233	Gresham	Please check website for details as they have multiple food options  Might only be eligible for a food box every 30 days from this location
The Salvation Army Washington County HOPE Center	Food Pantry Food, Bread, Hygiene Products Hours:	1440 SE 21st Ave, Hillsboro, OR 97123	Hillsboro	More resources available but are limited to location

	T			,
	1:00 - 3:45 PM  Open: Monday, Tuesday, Thursday and Fridays			
	Closed: Wednesdays			
	Free Community Meals Daily Sack Lunch			
	9:30 AM - 3:30 PM			
Clackamas Service Center Hot meals	Tuesday and Thursday from 12pm-4pm closed on Holidays	8800 SE 80th Ave Portland, OR 9720	Clackamas /SE	No proof listed on website *called to verify 10/29/25*
	At CSC they offer meals 4 days a week, thanks in part to their partners at New Hope Community Church, who run our meal services on Sunday. They strive to offer well rounded meals so you leave feeling nourished.			
	Tuesday, Wednesday, and Thursday 1:00-2:30pm			
	Sunday 3:00-3:30pm			
Clackamas Service Center Food/Groceries	Tuesday and Thursday from 12pm-4pm	Multiple Locations (Mainly SE)		No proof listed as required on website
7 00g/ 0/0001100	DHS SE 8129 SE Malden St, Portland, OR 97206			Delivery available upon request by email:  https://www.cscoregon.org/
	Fridays 2:30pm-3:30pm —			<u>order-online</u>
	Oak Grove Elementary School 2150 SE Torbank Rd, Portland, OR 97222			
	Every other Thursday 3:00pm-4:00pm (10/16, 10/30, 11/13) Please bring your own reusable grocery bag			

	1		ı	,
	Lot Whitcomb Elementary School 7400 SE Thompson Rd, Milwaukie, OR 97222  Every other Thursday 3:00pm-4:00pm (10/9, 10/23, 11/6, 11/20)  Please bring your own reusable grocery bag			
St. Andrew Catholic Church	Hours: Wednesdays, Thursdays, and Fridays 9 AM to 1 PM	Location: 4940 NE 8th Avenue  Phone: 971-244-0339  Email: emergencyservice s@standrewchurc h.com	Service Area: From I-5 east to NE 25th and from Ainsworth south to Shaver Street.	Our Services We offer food in a shopping-style pantry and limited rent or utility assistance to people who live within our service area boundaries as well as registered parishioners.
Sharon Seventh Day Adventist Community Services	Last two Saturdays of the month 2pm - 4pm	5209 NE 22nd Ave Portland, OR 97211 503-287-7649 office@sharonsda. net	NE PDX	They serve all zip codes in multnomah county  No requirements, just ID and signature (they said it is not a form just a sign in sheet)
Hand Up Project	Mondays and Tuesday 12 to 4pm  4th Saturday 10 to 1pm  You may visit The People's Pantry Once per Week	4115 N Mississippi Avenue Suite #5, Portland Oregan 47217 503-451-0715	N	Website has many resources  Lottery or Random Number System
Equitable Giving Circle	Thursdays 10am - 2pm	5431 NE 20th (corner of Killingsworth)	NE	Free market for BIPOC folks

Sunshine Division ^ this is run by the portland police	Tuesday – Friday 9:00am-12:00pm & 1:00pm-4:00pm  **delivery option you can receive up to two deliveries a month or make an appointment with their food pantry 503-823-2102	12436 SE Stark Street Portland, OR 97233	SE	One of the following must apply:  • Have a dependent who is 17 years old or younger residing in your household  • Receive Social Security Income or Social Security Disability Income  • Are a pensioned veteran or receiving widowed veteran's pension  • Being 62 years old or older  • Receive SNAP benefits  • Receive TANF Benefits  • Receive Medicaid/Medicare  • Attending Higher Education  • Receiving Housing (HUD) Support  • Receiving Unemployment  • Receive WIC (Supplemental Assistance for Women, Infants and Children)  • Experiencing Houselessness Please be prepared to bring in the following:  • Photo ID (No one will be turned away for lack of photo ID)  • Name and Date of Birth of everyone who lives in your household  • Please also be prepared to fill out a brief demographic survey upon registration
Neighborhood House Free Food Market and Delivery	Free Food Market Hours  Monday: 10:00 am-4:00 pm	3445 SW Moss St, Portland, OR 97219	SW	To access our food market, shoppers' income must fall below 300% of the poverty level. For a family of four, that is a total household

Service	(Closed 12-1 pm)  Wednesday: 10:00 am-4:00 pm (Closed 12-1 pm)  Thursday: 2:00-6:00 pm  Please check in no later than 15 minutes before closing.		income of \$72,750. We do not require verification of income.  All shoppers may visit the Free Food Market twice a month and choose enough food to last up to two weeks.  Food boxes include a mix of perishable and non-perishable items.  Additionally, we often have extra donated baked goods, which may be accessed at any time during our regular business hours (please bring your own shopping bags).
NorthEast Emergency Food Program	Thursdays and Saturdays: 9:30 a.m. to 12 p.m.  Tuesdays: 4 to 6:30 p.m. (Spanish as the primary language)	Luther Memorial Lutheran Church, 4800 NE 72nd Ave., Portland, OR 97218 (accessible by Trimet bus lines 71 and 72).	Instead of "first come, first serve," we determine the order of guests accessing the pantry using a lottery system. (more details on website about how the lottery system works)  Clients do not need to present any documents or identification. Each client receives a number and then waits to be called.
Groceries for Grout	Every Friday, 12 noon - 1 PM Except after Thanksgiving and Christmas  Lottery tickets for the order clients enter are first distributed at 11:30 AM.  Outdoor pantry, shopping style Please bring your own bags	4028 SE 34th Ave, Portland, OR 97202	<ul> <li>Everybody is welcome; no address/zip required.</li> <li>They do record a name and number of people using the groceries and family size. We also like to know if children are using some.</li> <li>The pantry is set up outdoors in</li> </ul>

			Kenilworth PC's parking lot, so it is wheelchair accessible.  • We stay open until everyone is served or we run out of groceries. But we don't want people to arrive after 1 PM
Love our City	TUESDAYS AT 11AM-12PM	6120 NE 57th Ave (corner of 57th/Lombard), Portland, OR, 97218.	Does not list what you need to access  We are accessible by Trimet bus line 72. The line for food distribution to people in cars starts at the corner of NE 57th Ave and NE Holman Street in Portland. Walk up distribution is also available.
Portland Open Bible Community Pantry	PICK-UP TIMES: Monday: 4:00-7:00pm Tuesday: 4:00-7:00pm Thursday: 10:00-1:00pm  PLEASE NOTE CUT-OFF TIMES FOR PICK-UP ORDERS ARE 4 HOURS PRIOR TO DISTRIBUTION: Orders for Monday pick-up must be made by 12PM on that same Monday. Orders for Tuesday pick-up must be made by 12PM on that same Tuesday. Orders for Thursday pick-up must be made by 6AM on that same Thursday. Orders made after these times will be placed on the following week's roster.  If you miss a pick-up cut-off, you can still WALK-UP on Tuesdays or Thursdays.	3223 SE 92nd Ave Portland, OR 97266	Instructions: Click on your desired language, then complete the Pre-order Form. Website has more information and the form.

	1	T	1	
	There is no WALK-UP on Mondays.			
Portland Adventist Community Services-pacs MOBILE FOOD PANTRY	Cumberland II 13115 SE Foster Rd Portland, OR 97236  1st Tuesday of the Month 3:30 pm - 5:30 pm  Lents SDA Church 8835 SE Woodstock Blvd Portland, OR 97266  1st Thursday of the Month 3:30 pm - 5:30 pm  Rockwood/Wallace Building 124 NE 181st Ave Portland, OR 97230  2nd Monday of the Month 4:00 pm - 6:00 pm  Hood View SDA Church 26775 SE Kelso Rd  Boring, OR 97009  2nd Wednesday of the Month 3:30 pm - 5:30 pm  Gresham Spanish SDA Church 223 SE Cleveland Ave  Gresham, OR 97080  2nd Thursday of the Month 4:00 pm - 6:00 pm  Rockwood CDC 18445 E Burnside St Gresham, OR 97233  3rd Tuesday of the Month 3:30 pm - 5:30 pm	Multiple Locations	An intake coordinator will ask for your name, birthdate, zip code, and household size. This information is shared only with the Oregon Food Bar to help track the number of people served.  No ID or document prooneeded	nk of

Portland Adventist Community Services-pacs	Crosswalk Portland at Anthem Church 1415 NE 223rd Ave Fairview, OR 97024  3rd Thursday of the Month 4:00 pm - 6:00 pm  Estacada SDA Church (The Yellow House) 207 N Broadway St Estacada, OR 97023  4th Tuesday of the Month 4:00 pm - 6:00 pm  Tabernacle SDA Church 26 SW Condor Way Portland, OR 97239  4th Thursday of the Month 4:00 pm - 6:00 pm  The food pantry is open Monday through Friday from 9:00 a.m. to 11:00 a.m You can visit once per month	11020 NE Halsey St	NE	When you arrive, you will get in line, either in a drive-up lane or at the walk-up table.  An intake coordinator will ask for your name, birthdate, zip code, and household size. This information is shared only with the Oregon Food Bank to help track the number of people served.  Other resources like clothing and dental
U me US PDX	.FOOD PANTRY HOURS:			
	October 26th, 1:30-3:30pm			
	:: CLOSED November 2nd ::			
	November 9th, 1:30-3:30pm			
	November 16th, 1:30-3:30pm			

Lift Up Portland	Tuesdays* Tuesdays are by appointment only for people experiencing mobility challenges or health conditions that require assistance while standing, waiting, or shopping. Appointments are available from 3:00 pm to 5:30 pm. Currently, there are no available appointments. Add your name to the waitlist here. Have questions regarding appointments? Contact Program Manager Teresa Steichen at 503-221-1224 x105.	1838 SW Jefferson St, Portland, OR 97201	SW	We do not require identification or proof of income. If you are able, we ask that you bring a reusable bag or cart to carry groceries.  You can visit only 2x a month
	Thursdays, and Fridays 3:00 pm to 6:00 pm Appointments are not necessary on Thursdays and Fridays. Instead, we allocate Thursday and Friday shopping times through a lottery drawing. Please arrive no earlier than 2:00 pm, but you must arrive by 2:25 pm to participate in the lottery. The lottery will begin shortly afterward. Using a lottery system ensures everyone has an equal opportunity to shop. For those arriving later in the day, we can't guarantee a full shopping experience.			
Project Foodbox	Take charge of your health journey through tailored nutrition. Our food-as-medicine programs are medically designed to empower you and your family fight chronic illness.  If you're eligible under your current insurance plan, you	Online Form Here: https://projectfood box.org/	Based on your location	The request form asks for name, number, email and what kind of insurance you have.

	T		ī	<del>                                     </del>
	will get nutritious, fresh or frozen food delivered directly to your door, at no additional cost to you.			
St Mark's Lutheran Church	Fridays from 2:00 PM to 5:00 PM.	5415 SE Powell Blvd. Portland, Oregon 97206	SE	Those interested in food should enter through the double doors near the parking lot behind the church
Metro Church of Christ	11 am - 1 pm, Monday - Friday in the west parking lot.	1525 NW Division St, Gresham, OR 97030	Gresham	
Francis Center	Food boxes are available to all people Monday thru Thursday from 10am -2pm.	6535 SE 82nd Ave. Portland, OR 97266 503-775-6784	SE	No proof/requirements listed  Clothes are available to all people Monday thru Thursday from 10am - 1:30pm.
WoodStock Pantry	Groceries provided weekly on Fridays and Saturdays, between 12:00 P.M. – 2:00 P.M.  Drive-through or walk-up pantry.	All Saints Episcopal Church, 4033 SE Woodstock Blvd, Portland, OR 97202	SE	No proof/requirements listed  Other resources: Clothing https://www.allsaintspdx.org /outreach/
All Saints Episcopal Church: Hot Meals	Hot Meals provided every Saturday, between 11:00 A.M. – 12:30 P.M.  Indoor dining in the Parish Hall – 11:00 A.M. – 12:30 P.M.  Takeout meals – 12:00 P.M. – 12:30 P.M.	All Saints Episcopal Church, 4033 SE Woodstock Blvd, Portland, OR 97202	SE	All are welcome.No proof listed
CityTeam Love Your Neighbor Event	4th Saturday of the month 12:00pm - 2:00pm	526 SE Grand Ave. Portland OR 97214	SE	We provide food, clothing, shoes, hygiene kits, and various services.  Website has many other resources: https://www.cityteam.org/get-help/portland#Immediate-Need-Anchor-Link

	T			
St Philip the Deacon Episcopal Church	11:00 am on the last two Saturdays of the month.	120 NE Knott St, Portland, OR 97212	NE of	Deacon's Dining Hall will be serving sack lunches
Wood Village Baptist Free Food Market	4th Thursdays 9:30-10:30am Location: Parking Lot	23601 NE Arata Road Wood Village, OR 97060	NE of Gresham	Fresh Food Program
Zarephath kitchen & Pantry	Open Thursday  10 AM - 1 PM  You must be in line by 12:30pm to be served  Housed clients can receive food twice per month. Unhoused clients can receive food every week.	59 NW Ava. Ave. Gresham, OR 97030	Gresham	Note: We are now experiencing higher volumes on Pantry Thursdays, especially towards the end of the month. Several times recently, we have reached our capacity of 80 families before our 12:30PM cutoff. This is still rare, but unfortunately it can happen. To get a place in line, please come earlier rather than later.
Zarephath Kitchen	Monday, Wednesday, Friday 11 AM - 1 PM  If you arrive after 12:45pm you will be served a to meal	59 NW Ava. Ave. Gresham, OR 97030	Gresham	Our Kitchen serves a nutritious lunch, usually including a hot dish. We provide a nutritious lunch for anyone who is in need of a healthy meal.  Enjoy your food in a covered outdoor seating area. For those who need a pick-me-up, we can offer a cup of hot java or tea.

	l	

## **Urban Gleaners Details: All Locations First Come First Serve and No Proof Needed**

Location	Days Served	Access Notes
Alder Elementary 17200 SE Alder St, Portland OR, 97233	Wed: 02:30 PM - 04:00 PM	Market takes place outside of the school in the parking lot next to the community garden off SE Alder St, on the west side of the building.
Artist Mentorship Program 16 NW Broadway Portland OR, 97209	Mon: 11:00 AM - 12:00 PM	Market is in the Artist Mentorship Program building on NW Broadway, just north of W Burnside. It is a red door next door to the restaurant Sushi Ichiban. Shoppers line up outside and are allowed inside a few at a time to shop.
Beaverton Highschool 13000 SW 2nd St, Beaverton OR, 97005	Mon: 03:50 PM - 04:00 PM	The Market is located along the outside of the cafeteria building close to SW Stott ave and SW 2nd st.  > Students are permitted to start shopping at 3:40pm.  > Community Members are permitted to start shopping at 3:50pm  *Free for all markets go by quickly, so please arrive early if possible
Boys and Girls Club Inukai 560 SE 3rd Ave, Hillsboro OR, 97123	Wed: 04:30 PM - 05:30 PM	Market is held inside of the Boys & Girls building. Shoppers line up outside in the parking lot off of SE Third Ave and are allowed into the building to shop two at a time.
Boys and Girls Club Inukai 560 SE 3rd Ave, Hillsboro OR, 97123	Wed: 04:30 PM - 05:30 PM	Market is held inside of the Boys & Girls building. Shoppers line up outside in the parking lot off of

		SE Third Ave and are allowed into the building to shop two at a time.
15555 SW Davis Rd, Beaverton OR, 97007	Tue: 01:30 PM - 02:00 PM	Market is held outside of the the school's main entrance. The Market can be accessed from the parking lot on the East side of the building off of SW Davis rd.
Cherry Park Elementary 1930 SE 104th Ave, Portland OR, 97216	Mon: 03:30 PM - 05:00 PM	Market is in the back of Cherry Park Elementary. Can be accessed by going south on 106th from SE Market. On the west side of SE 106th, across from Cherry Park the park.
David Douglas High School 13030 SE Taylor Ct., Portland OR, 97233	Thu: 03:00 PM - 04:30 PM	Market is held outside the David Douglas Aquatics Center. The parking lot can be accessed via SE Taylor Ct, off of SE 130th Ave. The market takes place along the north side of the aquatics center building.
East County Food Pantry *Drive Through Only on November 1st* 2420 NE Fairview Ave., Fairview OR, 97024	Sat: 10:30 AM - 12:30 PM	Market is held inside the Smith Memorial Presbyterian Church, accessible via the parking lot off NE Fairview Ave. This site is primarily shopping style, though there is a drive-through option to receive pre-bagged food for those who are short on time or would like limited contact. There is a random number lottery for the first 100 households. After the first 100 households, this site switches to first come, first serve and numbers are given in order as people arrive.  The parking lot opens at 9:45am, registration begins at 10am and the shopping commences at 10:30am. The drive-thru opens at 10:30am.
East Portland Community Center 740 SE 106th Ave, Portland OR, 97216	Fri: 02:15 PM - 03:15 PM	Market is in the Multipurpose Room 3 which is down the hallway left of the front desk from

		when you enter the main entrance on SE 106th Ave. There are chairs in the hallway for community members to sit while waiting.
Elmonica Elementary 16950 SW Lisa Ct, Beaverton OR, 97006	Fri: 09:00 AM - 09:15 AM	Market is held in the front of the school, on the north side of the building off SW Lisa Ct.
Fir Grove Elementary 6300 SW Wilson Ave, Beaverton OR, 97008	Fri: 01:30 PM - 02:00 PM	Market is located at the north side of the school, under the covered area.
Humboldt Gardens Apartments 5033 N Vancouver Ave, Portland OR, 97217	Thu: 09:30 AM - 10:30 AM	Market is held in the community room on the main level of the apartment building. This room can be accessed via the door on N Vancouver Ave, or through the parking lot on the west side of the building.

Jefferson High School 5210 N Kerby Ave, Portland OR, 97217	Fri: 01:00 PM - 03:00 PM	Market is held outside under the covered area just SE of the school building, between the school and the baseball diamond. Shoppers can enter through the driveway on N Commercial Ave. Lottery number distribution begins at 12:50.
Lents Park 4808 SE 92nd Ave, Portland OR, 97266	Thu: 12:00 PM - 02:00 PM	Market is held in the parking lot on the corner of SE 88th Ave & SE Steele St, next to the community garden. Lottery numbers are handed out at 12pm. If you arrive after numbers have been handed out, there is still an opportunity to shop after everyone with a number has gone through, though the quantity and variety
Mt. Scott Park	Tue:	Market is held on the corner of

SE Ellis St & SE 74th Ave, Portland OR, 97206	12:15 PM - 02:00 PM	the park by SE Ellis St & SE 74th Ave. Lottery numbers are handed out at 12:15PM. If you arrive after numbers have been handed out, there is still an opportunity to shop after everyone with a number has gone through, though the quantity and variety of food left at this point varies week to week. This site will remain open throughout construction on the community center building.
Orchards of 82nd 8118 SE Division St, Portland OR, 97206	Wed: 09:15 AM - 09:45 AM	Market is held inside the Orchards of 82nd building in the community room. The entrance is on the north side of the building, along SE Division St. Shoppers are allowed to wait in the main hallway. Once lottery numbers are handed out, several people at a time are allowed into the community room to shop.
Rockwood Station 19100 E Burnside St, Portland OR, 97233	Sat: 01:30 PM - 02:30 PM	Market is in the community building on the north side of the apartment complex, closest to E Burnside. The building is one floor and has a red roof.
St. Charles *OPENING NOVEMBER 9TH* 5310 NE 42nd Ave, Portland OR, 97218	Sun: 03:00 PM - 04:30 PM	Market is held in the parking lot on the north side of the St. Charles Conference Building off of NE 42nd Ave. This is accessible via the drive off of NE 42nd Ave or off of NE Killingsworth St. St. Charles Conference Building is directly west of De La Salle High School.
Stephen's Creek Crossing 6715 SW 26th Ave, Portland OR, 97219	Sun: 11:00 AM - 11:15 AM	Market is held in the community building on the southeast end of the apartment complex, at the end of SW 26th Ave. Shoppers gather outside of the community building, near the playground.
Sunshine Shines Bright	Thu:	Site can be found in the back of

4120 SE International Way ste A113, Milwaukie Oregon, 97222	01:00 PM - 05:00 PM	suite A113. There is a roll up door that will be open, this is where the Market can be found. There is ample parking directly behind the suite, and surrounding.
Vose Elementary 11350 SW Denney Rd. Beaverton OR, 97008	Tue: 10:00 AM - 10:30 AM	Market takes place outside the school's front entrance off of SW Denney Rd.  The lottery system at this Market does not move in numerical order. Rather, numbers are randomly generated via a phone application by a Vose staff member.
Whitford Middle School 7935 SW Scholls Ferry Rd. Beaverton OR, 97008	Mon: 03:45 PM - 04:00 PM	Market is held inside the cafeteria. Participants are asked to wait under the covered area at the far end of the main parking lot, on the south side of the building, until the market begins. Parking lot entrance is on SW Scholls Ferry Road.
Woodlawn City Park 6854 NE Claremont Ave, Portland OR, 97211	Sat: 12:00 PM - 01:00 PM	Market is held under the NE Claremont Ave bridge, between the playground and the splash pad in the center of the Park.

## Meals on Wheels Hot meal times and locations

(60 + only) - no exceptions for those like other programs.

Center Name & Website	Times served
-----------------------	--------------

Martin Luther King Jr. Center Martin Luther King Jr. Center 5325 NE MLK Blvd. Portland OR 97211 Phone: 503.953.8207	Hours and Meal Times: Tuesdays, Wednesdays, and Thursdays. 10:30 AM – 1:30 PM. Lunch is served from 12 PM – 1 PM.

## **Mutual Aid and Discounts**

Resource: Mutual Aid	Location	Access and other notes
GoPuff	https://www.gopuff.com/gb/newsroom/community-impact/gopuff-donating-up-to-10-million-in-free-groceries-to-snap-recipients-as-families-nationwide-prepare-for-potential-lapse-in-benefits	Here's how SNAP recipients can access the Gopuff program, which will run in two distinct waves:  1. Add a SNAP EBT card to your Gopuff account (how to). No action needed if you already have a SNAP card added to your account.  2. Add SNAP-eligible groceries to your cart.  3. From November 1-15, 2025: use code SNAPRELIEF1 at checkout for \$25 off SNAP-eligible items and FREE delivery.  4. From November 16-30, 2025: Use code SNAPRELIEF2 at checkout for \$25 off SNAP-
FlasFood *Discounted Food App*	https://flashfood.com/	Allows you to buy food as a highly discounted rate
PDX Free Fridge	Multiple locations	No access limits, but food is not guaranteed. It is based on donations.

MealsonUs(instagram) MealsonUS (linktree)	Healthy Meals	No Proof needed
Mutual Aid Hub	Multiple Locations and Organizations Go to website to find out more <a href="https://www.mutualaidhub.org/">https://www.mutualaidhub.org/</a>	
Food not bombs - Food Giveaway and Vegan Potluck	every Wednesday + Saturday from 5-6:30ish pm (during Spring/Summer).  From mid-Fall thru Winter we meet starting at 4:30 pm (beginning at daylight savings end in Nov	Buckman Elementary 320 SE 16th Ave, Portland, OR 97214  School outdoor playground
Food not Bombs - Produce Porch Share Table	Approximate drop-off times times are Tuesday 12 pm & Fridays 11 am Arrive early for best selection	Produce & other foods dropped off on our share table. On the curb in front of 1616 SE 32nd Place, Portland, OR
Free Formula Exchange	The Free Formula Exchange is a nationwide mutual aid network connecting families who need baby formula to people who have formula to donate. This online tool is free to use.	More information here: https://freeformula.exchange/
Too Good To God	With the Too Good To Go app you can easily see which cafes, restaurants, bakeries and/or stores in your local area have perfectly good food left over for you to save and enjoy at half of the price or less.	Learn more about the app here https://www.toogoodtogo.com/
	Based on location	

**Local Businesses: Fresh Meals** 

Resource/Business	How to Access	Accessibility/Notes
AG Burrito Shops	Order "Snap Burrito"	More information on their instagram post
DB Dessert Company	Starting Nov 1st, pending area might deliver. Free bread available in the bakery	More information on their instagram post
El Sombrero Tapatio	Ask for "SNAP meal", and if you prefer chicken or beef	More information on their instagram post
Mama Chow's Kitchen 3757 S.E. Hawthorne Blvd., a food truck serving Chinese food	Just say "Pans" when you reach the counter Seniors and Children	More information on their instagram post
The Pharmacy PDX 2100 N.W. Glisan St., a bar in Nob Hill	Email to reserve meal: Each week has a different meal item. They say "until the issue with SNAP is resolved" ThePharmacyPDX@gmail.com	More information on their instagram post
GeekEasy Anime Cafe 310 N.W. Davis St	Offering The Otaku Special — a free ham & cheese or mixed greens wrap, plus coffee or iced tea, no questions asked.  Just come up to the counter and say "Otaku Special."	More information on their instagram post
Nan's Taqueria 15640 S.E. Happy Valley Town Center Drive, Happy Valley	She is giving people boxes full of food and supplies.  Those in need of help can email nanstaqueria@gmail.com	Please email for up to date connection on food
Heretic Coffee	Ask for SNAP Breakfast	More information on their instagram post

5120 S.E. 28th Ave., Portland		
Creekside BBQ	Ask for Shutdown special	More information on their Facebook Post
Legacy Coffee Company PDX	Starting November 1st we will provide free sack lunches.	More information on their <u>Facebook Post</u>
	These are intended for those who are losing their SNAP benefits. Each sack lunch will have a PB&J, Chips/Vegetable Pouch, and Juice Box.	
	You will be able to take as many as you need. Every day we will make fresh sandwiches, and more will be made as we need them.	
	Our back bar is going to be turned into a FREE pantry.	
Olio Share more, waste less	Beat waste with Olio: the app for finding what you need and sharing what you don't with local people.	