# **Our History**

Horses of Hope Oregon was established in 1988 and is the longest operating therapeutic riding center in Oregon. We have provided services to thousands of participants.

Horses of Hope Oregon is a 501 (c)(3) nonprofit organization that is a provider of health and wellness services throughout the Willamette Valley and nine surrounding counties.



Our mission is to enhance the lives of individuals living with physical, cognitive, emotional, and behavioral challenges by providing innovative, accessible, and safe equine-assisted therapeutic programs of the highest quality. We are dedicated to supporting our participants, their families and caregivers in a nurturing, supportive environment, fostering wellness, enhancing capabilities, and promoting independence.

# **Support Us**

Through the generosity of our donors we are able to provide over 6,000 sessions of equine assisted services each year.

Scan this QR-Code to donate online or contact us directly to set up a tour of our facility to see the magic of therapeutic riding first hand!



2895 Cloverdale Drive SE Turner, OR 97392 TEL: 503-743-3890 www.horsesofhopeoregon.org



Health, Happiness & Healing through Horses
SINCE 1988



## **Equine Assisted Services**

Allows the natural movement and empathy of the Horse to enhance the general well being of our participants. Additional benefits of specific treatment strategies includes improvements in:

- Sensory integration
- Behavior modification
- Language enhancement
- Sensory motor skills
- Cognitive skills
- Physical strength and development
- Posture, balance and mobility
- Independence and confidence

### **Equine Assisted Programs**

Therapeutic Horseback Riding
Private and Semi- Private
Weekly 30-45 minute sessions.
Personalized goals and lesson plans
to meet needs of each individual participant.

Horses for Heroes
Veterans Outreach Program
10 week 60 minute sessions.
Both ground and mounted acitivites to help reduce PTSD symptoms, stress, anxiety, depression and other physical symptoms.

Special Community Programs
Personalized programs to meet the needs of each school or organization.
Current partnerships include DSP Connections and Salem Keizer School District.

Saddle up! Summer Camp

Beginner horseback riding camp for 3rd through 6th graders. Perfect for aspiring equestrians, our camp offers a safe and supportive environment to learn the joys of horsemanship and horseback riding.

Giddy Up! Birthday Parties

We offer several different packages that include the opportunity to ride our horses through the beautiful tree

lined trails.

For more information please contact us at 503.743.3890 or info@hohoregon.org

#### Volunteer

Our volunteers are essential to the services we provide through working directly with participants to helping take care of our herd. Bring your compassion and skills to become part of our amazing team!

No prior experience required.

Volunteer opportunities:

- Direct participant services
- Horse & stable care
- Landscaping & gardening
- Events & fundraisers
- Facilities maintenance

To apply to be a volunteer, scan the QR code below or visit our website www.horsesofhopeoregon.org to fill out our volunteer interest form.

