

Adventure Travel for the Young at Heart

2:00 p.m. Wednesday, October 17, 2007
Bend Senior Center, 1600 SE Reed Market Road



For some, travel means letting others do the work while you shop 'til you drop and eat 'til you can't eat anymore. Then, there is "adventure travel." Adventure travel has the traveler engage in a variety of active pursuits such as hiking, biking, horseback riding, kayaking, skiing, and so on. Our speaker, Joanne Dalsass, will introduce us to the world of adventure travel and how those of us who

have left our twenties, thirties, forties and even fifties behind can participate in the fun. She will discuss the options available to older travelers, and what special concerns we need to consider. Joanne will share stories of her own experiences and lessons-learned over the years of being both a traveler and a travel planner. Join us and who knows, next year you could be kayaking the Amazon or hiking in Nepal.

Joanne Dalsass is the owner/manager of Active Travel Connection, a company that specializes in personalized travel planning. She moved to Bend over seventeen years ago, attracted by the various outdoor activities available here. Her interest in travel began long ago and she has visited six continents including Antarctica. Most trips involved climbing and trekking in Asia, Africa and South America. Her newest passion for ocean kayaking has added many new destinations to explore. Also a certified Nordic ski instructor, Joanne teaches skiing part-time for Bend Parks and Recreation and offers group ski trips to various locations throughout the winter.