



UNIVERSITY
OF OREGON

Osher Lifelong Learning Institute

Central Oregon Newsletter

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formerly Silver Sage Society

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Osher Lifelong Learning Institute • UO Continuing Education • 1027 NW Trenton, Bend, OR 97701
(800) 824-2714 • olli@continue.uoregon.edu • http://osher.uoregon.edu



The Portland Connection

Do you have friends in the Portland area that would be interested in lifelong learning? Over the past nine months I have been working with a group of Portland residents who want to start a UO affiliated lifelong learning institute. Initially meetings and programs will be held in the UO Portland Center at 2nd and Yamhill, then move to the new UO facility at the White Stag Block at 70 NW Couch Street,

when that facility is completed. Plans are being made for an Open House in autumn—we'll be glad to send your friends an invitation to the Open House, or your Portland friends can call (800) 824-2714 for more information.

—Ruth Heller

What Would You Like OLLI to Offer?

The program committee is gearing up for fall and would like to know what kinds of programs, discussion groups, and study groups members would enjoy, as well as specific topics or subject areas of interest. For example, previous discussion and study groups have included music, art history, literature, creative writing, news and views, and armchair traveler among others. Are you interested in one of these, or perhaps starting something new? Give us a call or send an e-mail and let us know what your interests are. The names and phone numbers of the program committee are listed on the back of this newsletter, or you may contact Gail, program assistant, at 617-4663 or gailm@uoregon.edu.

Are You Receiving OLLI's Weekly Eminders?

Each week OLLI sends an e-mail highlighting the following week's offerings and special announcements. We have recently updated our format which includes color and underlined links so that you can access more detailed information with a click of your mouse. If you would like to receive these Eminders, give us a call with your e-mail address, or send us an e-mail and ask to be added to our Emitter list.

Renewals, New Memberships, Questions

Renewals and membership application may be mailed to:

OLLI-UO Central Oregon
1277 University of Oregon
Eugene, OR 97403-1277

Or drop them by the office:

1027 NW Trenton, Bend

Questions?
Call Gail at 617-4663.

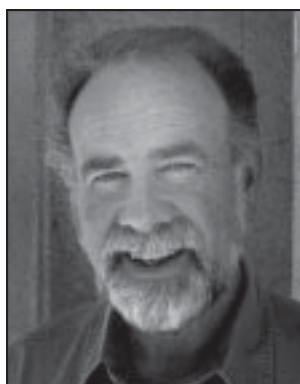
Thank you to July newsletter contributors Mary Cope (Newsletter Coordinator), Gail Merydith (Onsite Program Assistant), Margie Hanna (Graphic Designer) and Erin Maue (Graphic Production Assistant).

Upcoming Presentations

OLLI EDventure: Redmond Public Art and the Air Traffic Control Artist

Tricia Harding, chairwoman of the Redmond Commission for Art in Public Places (RCAPP), will tell us of the enormous challenge to Redmond posited by the donation of two heroically sized statues by Phil and Penny Knight who maintain a residence in Terrebonne. Tricia will give a brief history of the commission, its mission and goals. Local artist **Greg Congleton's** *Air Traffic Control* is now installed on the Highland-Glacier couplet in Redmond and his bronze piece, *Western Swing*, will be in place at the north end of Redmond by fair time in August. After Tricia's talk, members will have the opportunity to carpool to Greg's studio where we will be able to learn from Greg a bit of what it takes to create his sculptures.

Thursday, July 12, 2:00 p.m. (BSC followed by a trip to the artist's studio) See flyer for details.



Mysteries of Macroeconomics

Part One, Money from Thin Air—How Our Government Works

Richard Winters talks with insights into our current government and monetary policy. Wouldn't it be nice to print money with no backing? How does our government get away with it?

**Tuesday, July 17 2:00 p.m.
(Bend Senior Center)**

Part Two, Mysteries of Macroeconomics: Hidden Interest in the Budget Deficit

Richard Winters continues his "The Mysteries of Macroeconomics" talk with *Hidden Interest in the Budget Deficit* or what your grandchildren will really be paying for what we are spending now! Richard's talks on the arcane subject of economics are clear and stimulating, and they make you wonder even more about the world we live in. Richard has master's degrees in English and psychology from Cal State Los Angeles and a master's degree and Ph.D. from Claremont Graduate School. He has extensive teaching experience, has worked as an economic consultant, and was under contract by the Los Angeles Federal Reserve Bank for market structural analysis.

Wednesday, July 18, 2:00 p.m. (Bend Senior Center)

When Your Body says, "Ouch"

We have all had concerns about aches and pains. Perhaps your shoulder is hurting; is it just the shoulder? Why do exercises to "stretch and/or strengthen" not alleviate your problem? The pain may be associated with restrictions in the neck, rib cage, or within the cavities (where organs such as your lung, heart, liver, and stomach are located) limiting the functional range or motion needed. Physical Therapist, Shawn Flot, explains the concept of how our bodies heal—beginning with the belief that the body has the potential to heal itself from any injury, illness, disease or dysfunction.

Shawn Flot, M.P.T. is a licensed physical therapist in Bend who practices a whole body assessment and hands on clinical approach to health. He received a master's degree in physical therapy from Northern Arizona University in 1994. His studies with manual therapy include classes with Upledger Institute, Dialogues in Contemporary Rehabilitation, Therapeutic Horizons and Biovalent® Systems Manual therapy. He is a very active outdoorsman who enjoys kayaking, hiking, practicing Yoga and exploring with his yellow lab, Txuri.

**Thursday, July 26, 2:00 p.m.
(Bend Senior Center)**

Study and Discussion Groups

First Tuesday Social Luncheon

Meets the first Tuesday of every month at 11:30 a.m. To reserve a space, contact Gail at 617-4663 or gailm@uoregon.edu. **July 3:** Crossings at The Riverhouse.

Contact: Harlie Peterson, harliepete@hotmail.com

Discussing Science

Meets the first and third Fridays at 1:30 p.m. **July 6:** Bring a short favorite topic to discuss. **July 20:** Bring a short favorite topic to discuss

Chandler building

Contact: Harlie Peterson, harliepete@hotmail.com

On Summer Break:

Geology Course

Weekly meetings will begin in September

Contact: Gail Merydith, gailm@uoregon.edu

Thinking Allowed

Meetings will resume in September

Coordinator: Ruth Burleigh

Thinking Allowed II at Touchmark

Meetings will resume in September

Coordinator: Helen Vandervort, helenv@bendcable.com.

Outside of OLLI

Oregon Bach Festival Elderhostel: A Special Invitation to OLLI Members

Each year UO Continuing Education hosts two Elderhostels in conjunction with the Oregon Bach Festival. Many of the classes are held at the Baker Downtown Center, home to the Eugene/Springfield OLLI program site. We'd like to invite any OLLI-CO members traveling to Eugene for the Oregon Bach Festival concerts to join us for two Elderhostel lecture-classes:

"Bach, Beethoven, Mendelssohn and the German Cultural Tradition," with Matthias Vogel

An introduction to German literature, art, music, philosophy and history as it relates to the works of three German composers.

Sunday, July 1, 1:00 p.m. or Sunday, July 15, 12:30 p.m.
UO Baker Downtown Center, Eugene

"Fire and Ice: Chopin," with Phyllis Villec

Chopin wrote music that connected directly with revolutionary despair, idyllic romance, fiery folk dances, and aristocratic waltzes fit for princesses. His music traverses a range of human emotion as wide as the ocean. In this lecture, we will analyze a selection of his piano music to see why it so far outlived its time in the first half of the nineteenth century and probe the personality of a man who created it. There will also be a section on comparative recordings by world-famous pianists.

Thursday, July 5, 9:00 a.m.
UO Baker Downtown Center, Eugene

Please call Ruth Heller at (800) 824-2714 if you'd like to attend.

UO Summer Field School

The UO Summer Field School is offering classes that are open to the public and may be of interest to you or someone you know.

Geology 406: Field Studies: Geology of Oregon and the Pacific Northwest. Starts July 25. This course may be taken as a single one-week course or as many as four one-week courses.

Biology 406: Field Studies: Natural History and Ecology of the Oregon High Desert. Starts July 3.

For more information or to register, call Gail or Diane at 617-4660 or stop by the Chandler Lab.



UNIVERSITY OF OREGON

CONTINUING EDUCATION

Osher Lifelong Learning Institute
1277 University of Oregon
Eugene, OR 97403-1277

Committee Meetings

(Open to all members. Times and dates subject to change)

Governing Council Meeting

Friday, July 20, 10:00 a.m.
President: Mort Perle,
388-3376

Program Committee Meeting

Tuesday, July 24, 1:15 p.m.
Chair: Helen Pruitt 382-7827

Hospitality

Libbie Felciano, 306-3800

Membership Outreach

Chair: Judy Clinton, 317-8472

Governing Council

President

Mort Perle, 388-3376

Vice President

Richard Overman, 388-9983

Secretary

Barbara MacMillan, 322-0236

Treasurer

Bob Clautice, 317-9498

Members

Nancy Horton, 388-4939
Barbara Koop, 322-8748
Harlie Peterson, 593-2015
Linda Shaw, 312-4665



At the University of Oregon

Program Committee

Chair

Helen Pruitt, 382-7827

Members

Mary Cope, 317-5753
Jim Hammond, 617-1086
Jim Horton, 388-4939
Harlie Peterson, 593-2015
Larry Weinberg, 610-9023
Margaret Young, 548-3941

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